

Flex Meal Tracker



NYU

Dining
Services

Meal Plans	Meals Per Semester	Avg Meals Per Week
450 Flex	450	28
300 Flex	300	19
225 Flex	225	14
175 Flex	175	11
113 Flex	113	7
80 Flex	80	5

Track your meal usage throughout the semester to ensure that you have the meals you need for the last day. Use these charts to see how you compare to the typical weekly budget.

Meal Plan usage begins on Sunday, August 28th at 4 PM.

Meal Plans	Sept 4th-10th	Sept 11th-17th	Sept 18th-24th	Sept 25th-Oct 1st	Oct 2nd-8th	Oct 9th-15th	Oct 16th-22nd	Oct 23rd-29th
450 Flex	450	422	394	366	338	310	282	254
300 Flex	300	281	262	243	224	205	186	167
225 Flex	225	211	197	183	169	155	141	127
175 Flex	175	164	153	142	131	120	109	98
113 Flex	113	106	99	92	85	78	71	64
80 Flex	80	75	70	65	60	55	50	45

Meal Plans	Oct 30th-Nov 5th	Nov 6th-12th	Nov 13th-19th	Nov 20th-26th	Nov 27th-Dec 3rd	Dec 4th-10th	Dec 11th-17th	Dec 18th-23rd
450 Flex	226	198	170	142	114	86	58	30
300 Flex	148	129	110	91	72	53	34	15
225 Flex	113	99	85	71	57	43	29	15
175 Flex	87	76	65	54	43	32	21	10
113 Flex	57	50	43	36	29	22	15	8
80 Flex	40	35	30	25	20	15	10	5



Track your meal plan and Dining Dollars balance via the Campus Cash and Meal Plan Management Site.

For questions, comments or ideas please contact dining.services@nyu.edu.