



Week of September 18th – 24th

Monday

Chicken/ Beef/ Shrimp

Tossed Salad

Assorted Dressings

Wednesday

Lemongrass Chicken

Spicy Shrimp

Braised Beef

Rice Noodles

Stir-Fry Vegetables

Friday

Beef Chili

Three Bean Chili

Chicken

Salsa

Cheese Sauce

Tuesdays and Thursdays this station offers Made-to-Order Pasta



Week of September 18th - 24th

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Lunch: Honey BBQ Salmon Marble Potatoes Autumn Root Vegetables Corn Bread Cajun Tofu</p> <p>Dinner: Chicken Gumbo Grits Sautéed Okra Cajun Tofu</p>	<p>Lunch: Fish Tacos Mexican Rice Black Beans Street Corn Chipotle Tofu</p> <p>Dinner: Chicken Fajitas Refried Beans Baja Fish Peppers/ Onions Chipotle Tofu</p> <p>Yankee Pot Roast, Garlic Potatoes, Roasted Root Vegetables, Brioche Stuffing, Sweet and Sour Tofu</p>	<p>Lunch: Fried Chicken Mac & Cheese Cheddar Waffles Zucchini Sauté BBQ Tofu</p> <p>Dinner: Southwest Baby Ribs Potato au Gratin Corn Bread Black Eyes Peas Korean BBQ Tofu</p>	<p>Lunch: Italian Meatball Dinner Rigatoni Broccoli Rabe Garlic Bread Tomato-Caper Tofu</p> <p>Dinner: Saffron Chicken Roasted Beet Salad Potato Pancake Sautéed Turnips Tomato-Caper Tofu</p>	<p>Lunch: Coconut Curry Pangasius Couscous Vegetable Stir Fry Korean BBQ Tofu Lo Mein</p> <p>Dinner: Jerk Shrimp Coconut Rice Sweet Plantains Roasted Peas Jamaican Tofu</p> <p>Sesame Chicken, Asian Noodle Salad, Eggplant, Sautéed Spinach, Veg/ Tofu Mix.</p>
Saturday		Sunday		