

NYU DINING



Week of November 13th

Monday

Build your own Salad

Assorted Greens

Assorted Dressings

Assorted Toppings

Wednesday

Protein Chicken , Shrimp or Beef

Rice Noodles

Teriyaki Glaze

Stir-Fry Vegetables

Friday

Nacho Bar

Proteins : Chicken Beef, Shrimp

Assorted Toppings

Assorted Condiments

Tuesdays and Thursdays this station offers Made-to-Order Pasta

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Monday

Lunch:

Honey BBQ Salmon
Marble Potatoes
Autumn Root Vegetables
Corn Bread
Cajun Tofu

Dinner:

Chicken Gumbo
Grits
Sautéed Okra
Cajun Tofu

Saturday

Yankee Pot Roast, Garlic Potatoes,
Roasted Root Vegetables, Brioche
Stuffing, Sweet and Sour Tofu

Tuesday

Lunch:

Fish Tacos
Mexican Rice
Black Beans
Street Corn
Chipotle Tofu

Dinner:

Chicken Fajitas
Refried Beans
Baja Fish
Peppers/ Onions
Chipotle Tofu

Wednesday

Lunch:

Fried Chicken
Mac & Cheese
Cheddar Waffles
Zucchini Sauté
BBQ Tofu

Dinner:

Southwest Baby Ribs
Potato au Gratin
Corn Bread
Black Eyes Peas
Korean BBQ Tofu

Thursday

Thanksgiving Lunch:

Turkey with Gravy
Honey Glazed Ham
Yellow Rice
Mashed Potatoes
Corn Bread Stuffing
Green Beans with Carrots

Dinner:

Saffron Chicken
Roasted Beet Salad
Potato Pancake
Sautéed Turnips
Tomato-Caper Tofu

Sunday

Sesame Chicken, Asian Noodle
Salad, Eggplant, Sautéed Spinach,
Veg/ Tofu Mix.

Friday

Lunch:

Coconut Curry Pangasius
Couscous
Vegetable Stir Fry
Korean BBQ Tofu
Lo Mein

Dinner:

Jerk Shrimp
Coconut Rice
Sweet Plantains
Roasted Peas
Jamaican Tofu